

(K)now the game: 20th – 28th of April 2013, Ruše & Maribor, Slovenia

The project will take place in Ruše, Maribor between 20th and 28th of April 2013 where 38 young people from 6 different countries will enjoy the first spring sun, fresh air and everything that Slovenian nature has to offer. Participants will learn about healthy lifestyle, how to spend their free time in a more healthy and active way and also how to have fun outside instead of spending the whole day in front of a computer. Alongside they will be exchanging different cultural practices through the games each participating country will prepare. In all the activities (workshops, lectures, fun games) they will be learning about:

- different techniques of sports
- ‘Games without borders’ through simulation
- healthy lifestyle
- European participation and human rights
- group dynamics & team building through sports.

Maribor is the second largest Slovenian city. It's small cozy with only a few more than 100 thousand inhabitants. It is the capital of Styria, which is one of the sunniest places in the country. The city with the oldest grapevine in the world, a charming old part of the town and Pohorje, which offers miles of slopes for skiing in winter and lines for downhill riders. The city of friendly people, excellent organizers and hosts who love to experience and socialize and are always ready to enjoy themselves at various events and on the normal days.

From 1254, when Maribor as the original settlement below the castle next to the river Drava, was first mentioned, to a holder of the title of European Capital of Culture 2012, the European Youth Capital 2013, ten times national champion in football, development of the Golden Fox (ski World Cup for Women) and many other festivals. Maribor Castle, The three ponds, Calvary, Pyramid, Synagogue, Plague monument, Lent and Wine cellar are just some of the attractions that make a big impression on a visitor.

Maribor is the world in miniature - it satisfies even the most demanding visitors. You have an opportunity to visit a number of pubs, clubs, restaurants, pastry shops, tea rooms, cafes, bowling centers, billiard clubs, theater, cinema or try your luck at the Casino. It offers you plenty of opportunities for sports and relaxed afternoons in parks. Because of its position in the Central Europe you can go on day trips to Budapest, Bratislava, Vienna, Venice, Prague, Zagreb, Trieste or only after a few hours of driving take a swim in the Adriatic Sea. Enjoy outdoor concerts on warm days and in

the cold ones spend some time with the company while drinking mulled wine at any of the stalls in the center of the city.

Enjoy the joys of winter and snow in the cold months, in spring nice walks and warm awakening of nature, long hot days and swimming on the Island of Maribor in summer and colorful Pohorje in the fall.

**... because Maribor is the YOUTH FRIENDLY CITY.**

About Ruše:

The Municipality of Ruše (Slovene: Občina Ruše) is a municipality in northeastern Slovenia. The seat of the municipality is the town of Ruše. It lies on the right bank of the Drava River west of Maribor and extends south into the Pohorje Hills. The area was part of the traditional region of Styria. It is now included in the Drava statistical region. In the last years is developing more and more so it has a nice surroundings. We decided to take our exchange there because the little town has all we need for our program: sports facilities indoors and outdoors, nice hotel to stay at, new swimming pool and nice nature – all in the walking distance. Still it is close to Maribor to where we will take a trip and also have some activities.